

Washington Behavioral Risk Factor Surveillance System

2004 Tobacco Survey Results

Statewide

What is your age?

n = 12049

18 - 34	31.3%	(± 1.2%)
35 - 54	40.8	(± 1.2)
55 - 74	20.3	(± 0.8)
75+	7.6	(± 0.5)

Gender

n = 12049

Male	49.3%	(± 1.2%)
Female	50.7	(± 1.2)

Which one of these groups would you say best represents your race...

n = 11899

White	86.6%	(± 0.9%)
Black or African American	2.2	(± 0.4)
Asian	2.9	(± 0.5)
Native Hawaiian or Other Pacific Islander	0.7	(± 0.2)
American Indian, Alaska Native	2.0	(± 0.4)
Other race	5.2	(± 0.6)
No preferred race	0.2	(± 0.1)

Are you Hispanic or Latino/Latina?

n = 12013

Yes	7.7%	(± 0.7%)
No	92.3	(± 0.7)

Marital status

n = 12002

Married	59.9%	(± 1.2%)
Divorced	10.1	(± 0.6)
Widowed	5.3	(± 0.4)
Separated	1.9	(± 0.3)
Never been married	17.0	(± 1.0)
Or a member of an unmarried couple	5.8	(± 0.7)

How many children less than 18 years of age live in your household?

n = 12031

None	57.6%	(± 1.2%)
1	16.7	(± 1.0)
2	16.2	(± 0.9)
3 or more	9.6	(± 0.8)

What is the highest grade or year of school you completed?

n = 12021

Some high school or less	9.7%	(± 0.8%)
High school graduate or GED	25.7	(± 1.1)
Some college or technical school	31.8	(± 1.1)
College graduate or more	32.9	(± 1.1)

*Estimates based on sample sizes less than 50 were omitted.

Are you currently. . .	n = 12016	
Employed for wages	51.1%	(± 1.2%)
Self-employed	8.5	(± 0.7)
Out of work	6.7	(± 0.7)
Homemaker	8.1	(± 0.6)
Student	5.4	(± 0.7)
Retired	15.6	(± 0.7)
Or unable to work	4.6	(± 0.5)

Annual household income from all sources	n = 10534	
Less than \$20,000	15.1%	(± 0.9%)
\$20,000 to less than \$50,000	43.6	(± 1.3)
\$50,000 or more	41.3	(± 1.3)

Have you smoked at least 100 cigarettes in your entire life?	n = 18493	
Yes	44.5%	(± 0.9%)
No	55.5	(± 0.9)

<i>Among those that have smoked at least 100 cigarettes in their entire life:</i>		
Do you now smoke cigarettes everyday, some days, or not at all?	n = 8586	
Everyday	31.4%	(± 1.3%)
Some days	11.8	(± 1.0)
Not at all	56.8	(± 1.4)

<i>Among current smokers:</i>		
During the past 12 months, have you stopped smoking for 1 day or longer because you were trying to quit smoking?	n = 3441	
Yes	57.7%	(± 2.2%)
No	42.3	(± 2.2)

Current cigarette smoking prevalence:	n = 18484	
(every day or some day smokers among the whole population)	19.2%	(± 0.8%)
<i>Among Spanish speaking respondents</i>	12.6%	(± 4.5%)
<i>Among English speaking respondents</i>	19.5%	(± 0.8%)

<i>Among those that have smoked at least 100 cigarettes:</i>		
Did you smoke any cigarettes during the past 30 days?	n = 5438	
Yes	47.3%	(± 1.8%)
No	52.7	(± 1.8)

<i>Among those that have smoked in the past 30 days:</i>		
On how many days of the past 30 days did you smoke cigarettes?	n = 2294	
Less than 30 days	29.8%	(± 2.6%)
30 days	70.2	(± 2.6)

*Estimates based on sample sizes less than 50 were omitted.

Among those that have smoked in the past 30 days:

On average, about how many cigarettes per day do you smoke, on the days that you do smoke? n = 2333

Average: 13.5 (± 0.6)

Have you ever tried using smokeless tobacco, like chew, dip or snuff? n = 11841

Yes 20.4% (± 1.0%)

No 79.6 (± 1.0)

Among those that have ever tried smokeless tobacco:

On how many of the past 30 days did you use smokeless tobacco products? n = 2030

None 82.9% (± 2.4%)

Less than 30 days 8.4 (± 1.7)

30 days 8.6 (± 1.8)

Current smokeless tobacco prevalence:

n = 11837

(any use in past 30 days among the whole population) 3.5% (± 0.5%)

In the past month, have you smoked a cigar, even just a puff?

n = 11841

Yes 6.0% (± 0.7%)

No 94.0 (± 0.7)

Current tobacco use (all types of tobacco)

n = 11851

Current daily tobacco user 25.9% (± 1.1%)

Current non-tobacco user 74.1 (± 1.1)

Among former smokers:

About how long has it been since you last smoked cigarettes regularly, that is, daily? n = 3092

Within the past month (less than 1 month ago) 0.7% (± 0.4%)

Within the past 3 months (1-3 months ago) 2.4 (± 0.8)

Within the past 6 months (3-6 months ago) 2.5 (± 0.9)

Within the past year (6-12 months ago) 3.3 (± 1.0)

Within the past 5 years (1-5 years ago) 16.5 (± 2.0)

Within the past 15 years (5-15 years ago) 24.5 (± 2.1)

More than 15 years ago 47.7 (± 2.4)

Never used regularly 2.5 (± 0.8)

Among former smokers:

When you last smoked cigarettes regularly, on average, how many days per month did you smoke? n = 3040

Average: 29.2 (± 0.5)

Among former smokers:

When you last smoked cigarettes regularly, on average, how many cigarettes did you smoke per day? n = 3040

Average: 20.3 (± 0.8)

*Estimates based on sample sizes less than 50 were omitted.

Among never smokers less than 30 years old:

Do you think that you will smoke a cigarette anytime during the next year? n = 685

Definitely yes	4.7%	N/A
Probably yes	8.4	N/A
Probably no	8.6	N/A
Definitely no	78.4	N/A

Among never smokers less than 30 years old:

If you or your best friends offered you a cigarette, would you smoke it? n = 682

Definitely yes	2.0%	N/A
Probably yes	3.3	N/A
Probably no	7.6	N/A
Definitely no	87.0	N/A

Among current tobacco users:

About how much do you usually spend on tobacco products every week? n = 2593

Less than \$25	70.8%	(± 2.4%)
At least \$25 but less than \$55	26.8	(± 2.4)
More than \$55	2.4	(± 0.8)

Among current tobacco users:

In the past month, did you buy tobacco on a Native American reservation? n = 2761

Yes	22.1%	(± 2.0%)
No	77.9	(± 2.0)

Among current tobacco users:

In the past month, did you buy tobacco from the Internet? n = 2781

Yes	2.3%	(± 0.9%)
No	97.7	(± 0.9)

Among current tobacco users:

During the past month, did you buy tobacco outside the state to save money - not just because you were traveling? n = 2771

Yes	7.4%	(± 1.3%)
No	92.6	(± 1.3)

Among current/former tobacco users:

People close to me are/were upset by my using tobacco. n = 5341

Strongly agree	44.0%	(± 1.8%)
Somewhat agree	20.0	(± 1.5)
Somewhat disagree	18.8	(± 1.5)
Strongly disagree	17.2	(± 1.4)

*Estimates based on sample sizes less than 50 were omitted.

Among current/former tobacco users:

When was the last time a DOCTOR or other healthcare provider advised you to quit, if ever? n = 5533

Within the past year (1-12 months)	25.2%	(± 1.6%)
Within the past three years (1-3 years)	8.7	(± 1.1)
3 or more years ago	19.6	(± 1.4)
They never advised me to quit	46.5	(± 1.8)

Among current/former tobacco users:

When was the last time a DENTIST advised you to quit, if ever? n = 5521

Within the past year (1-12 months)	10.7%	(± 1.2%)
Within the past three years (1-3 years)	4.5	(± 0.9)
3 or more years ago	7.7	(± 1.0)
They never advised me to quit	77.1	(± 1.6)

Among current/former tobacco users:

When was the last time a PHARMACIST advised you to quit, if ever? n = 5595

Within the past year (1-12 months)	1.5%	(± 0.4%)
Within the past three years (1-3 years)	0.3	(± 0.2)
3 or more years ago	1.0	(± 0.3)
They never advised me to quit	97.2	(± 0.6)

Among those advised to quit:

Did the health care professional who advised to quit offer any help, or refer you to a source of help to quit tobacco use? n = 3066

Yes	45.2%	(± 2.5%)
No	54.8	(± 2.5)

What type of health coverage do you use to pay for most of your medical care? Is it coverage through. . . n = 10058

Your employer	43.6%	(± 1.3%)
Someone else's employer	19.1	(± 1.1)
A plan that you or someone buys on your own	10.7	(± 0.8)
Medicare	15.2	(± 0.8)
Medicaid or Medical Assistance	5.9	(± 0.7)
The military, CHAMPUS, or the VA	5.1	(± 0.6)
The Indian Health Service	0.3	(± 0.2)
Some other source	0.1	(± 0.1)

Among current and recent former smokers:

Within the past year, have you heard about any programs in your community to help you quit using tobacco, such as classes, support groups or counseling services? n = 2393

Yes	50.9%	(± 2.8%)
No	49.1	(± 2.8)

*Estimates based on sample sizes less than 50 were omitted.

Among current and recent former smokers:

Within the past year, did your employer offer any stop-smoking class or other programs to help employees quit using tobacco? n = 1125

Yes	15.0%	(± 2.7%)
No	85.0	(± 2.7)

Among current and recent former smokers with health care coverage:

Does your health care insurance coverage pay for the cost of any help to quit using tobacco, such as a stop-smoking program or nicotine patches, pills or other medications? n = 1817

Yes	28.9%	(± 2.9%)
No	37.5	(± 3.0)
Don't know/Not sure	33.6	(± 2.9)

Among current and recent former smokers:

Have you heard about the Washington State "Quit-Line" - a telephone support service to help people quit using tobacco? n = 2382

Yes	50.3%	(± 2.8%)
No	49.7	(± 2.8)

Among current and recent former smokers who have heard of the "Quit-Line":

Would you ever call a telephone support service for help in quitting tobacco? n = 2236

Definitely Yes	13.3%	(± 1.8%)
Probably Yes	24.3	(± 2.5)
Probably No	28.4	(± 2.6)
Definitely No	34.1	(± 2.7)

Among current and recent former smokers who have heard of the "Quit-Line":

Have you called the Quit line? n = 1241

Yes	9.9%	(± 2.3%)
No	90.1	(± 2.3)

Among current tobacco users:

Would you like to quit using tobacco? n = 2605

Yes	67.6%	(± 2.5%)
No	32.4	(± 2.5)

Among current tobacco users who would like to quit:

Are you seriously considering quitting tobacco use within the next 6 months? n = 1730

Yes	82.9%	(± 2.5%)
No	17.1	(± 2.5)

Among current tobacco users considering quitting within 6 months:

Are you planning to stop within the next 30 days? n = 1542

Yes	42.6%	(± 3.4%)
No	45.9	(± 3.4)
Don't know/Not sure	11.5	(± 2.2)

*Estimates based on sample sizes less than 50 were omitted.

Are you currently registered to vote?	n = 11742	
Yes	81.6%	(± 1.0%)
No	18.4	(± 1.0)

Which of the following statements best describes the rules about smoking in your home. . .	n = 11702	
No one is allowed to smoke anywhere inside your home	84.3%	(± 0.9%)
Smoking is allowed at some places or at some times	8.5	(± 0.7)
Smoking is permitted anywhere inside your home	7.2	(± 0.6)

How many people, including you, who live in your household currently smoke cigarettes, cigars, or pipes?	n = 11798	
No current smokers in household	69.7%	(± 1.2%)
1	18.6	(± 1.0)
2	8.9	(± 0.8)
3 or more	2.8	(± 0.6)

On how many of the past 30 days has someone, including you, smoked cigarettes, cigars, or pipes anywhere inside your home?	n = 11745	
None	87.1%	(± 0.8%)
Less than 30	5.2	(± 0.5)
30 days	7.7	(± 0.7)

If it were just up to you, would you let people smoke inside your home?	n = 11684	
Yes	10.5%	(± 0.7%)
No	89.5	(± 0.7)

Among people who are currently employed for wages:

When you are at work, do you spend most of your time in an. . .	n = 6240	
Office	38.8%	(± 1.6%)
Store	6.9	(± 0.8)
Restaurant or Bar	5.0	(± 0.8)
Warehouse or factory	8.7	(± 1.0)
Home/Someone elses home	9.2	(± 0.9)
Outdoors	12.2	(± 1.2)
Car or truck	4.1	(± 0.6)
Classroom	6.7	(± 0.8)
Hospital	5.2	(± 0.7)
Somewhere else	3.2	(± 0.6)

Among people who are currently employed for wages:

Is smoking allowed in any of the following areas at your workplace. . . Some or all indoor work areas?	n = 5908	
Yes	9.4%	(± 1.1%)
No	90.6	(± 1.1)

*Estimates based on sample sizes less than 50 were omitted.

Among people who are currently employed for wages:

Is smoking allowed in any of the following areas at your workplace. . . Employee lunchrooms or lounges? n = 5608

Yes	5.3%	(± 0.9%)
No	94.7	(± 0.9)

Among people who are currently employed for wages:

Is smoking allowed in any of the following areas at your workplace. . . A different designated indoor smoking area? n = 5696

Yes	7.4%	(± 1.0%)
No	92.6	(± 1.0)

Among people who are currently employed for wages:

In a typical week, how many hours would you say that you are in a room or car with secondhand smoke while you are at work? n = 6204

None	83.0%	(± 1.3%)
Less than one hour	8.8	(± 0.9)
One hour or more	8.2	(± 1.1)

In general, would you say that breathing secondhand smoke is. . .

n = 11641

Not at all annoying to you	11.4%	(± 0.8%)
A little bit annoying	12.3	(± 0.9)
Somewhat annoying	21.2	(± 1.0)
Very annoying to you	55.1	(± 1.2)

Would you say that breathing secondhand smoke is. . .

n = 11321

Not at all harmful	2.1%	(± 0.3%)
A little bit harmful	6.4	(± 0.7)
Somewhat harmful	23.7	(± 1.1)
Very harmful	67.8	(± 1.2)

All children should be protected from secondhand smoke.

n = 11454

Strongly agree	83.5%	(± 0.9%)
Somewhat agree	11.2	(± 0.8)
Somewhat disagree	3.0	(± 0.4)
Strongly disagree	2.4	(± 0.4)

Do you think that smoking should not be allowed at all in restaurants?

n = 11710

Yes	73.1%	(± 1.1%)
No	22.9	(± 1.1)
Don't know/Not sure	4.0	(± 0.5)

Do you think that smoking should not be allowed in bars and lounges?

n = 11607

Yes	36.6%	(± 1.2%)
No	53.3	(± 1.2)
Don't know/Not sure	10.0	(± 0.7)

*Estimates based on sample sizes less than 50 were omitted.

Do you think that smoking should not be allowed in outdoor public areas where children may be present?	n = 11676	
Yes	54.8%	(± 1.2%)
No	39.2	(± 1.2)
Don't know/Not sure	5.9	(± 0.5)

Local law enforcement officials should place a high priority on enforcing laws that ban the possession of tobacco products by minors.	n = 11309	
Strongly agree	55.1%	(± 1.2%)
Somewhat agree	21.5	(± 1.0)
Somewhat disagree	14.8	(± 0.9)
Strongly disagree	8.6	(± 0.7)

The city or town where you live should establish as many strong rules and laws as possible to protect nonsmokers, including children, from secondhand smoke.	n = 11263	
Strongly agree	50.7%	(± 1.3%)
Somewhat agree	26.9	(± 1.1)
Somewhat disagree	11.9	(± 0.8)
Strongly disagree	10.5	(± 0.7)

School officials should make sure that all children receive anti-tobacco education.	n = 11635	
Strongly agree	84.3%	(± 0.9%)
Somewhat agree	11.4	(± 0.8)
Somewhat disagree	1.9	(± 0.3)
Strongly disagree	2.4	(± 0.4)

Tobacco use by adults should not be allowed on school grounds or at any school events.	n = 11596	
Strongly agree	85.0%	(± 0.9%)
Somewhat agree	8.9	(± 0.7)
Somewhat disagree	3.4	(± 0.5)
Strongly disagree	2.6	(± 0.4)

Have you seen or heard about any efforts or activities in your community or in schools to prevent or reduce tobacco use among youth?	n = 11079	
Yes	44.6%	(± 1.3%)
No	55.4	(± 1.3)

There are so many things that cause cancer, tobacco use is not going to make any difference.	n = 11364	
Strongly agree	7.8%	(± 0.7%)
Somewhat agree	6.7	(± 0.7)
Somewhat disagree	10.5	(± 0.8)
Strongly disagree	75.0	(± 1.1)

*Estimates based on sample sizes less than 50 were omitted.

Would you ever use or wear something that has a tobacco company logo or picture on it? n = 11464

Yes	16.6%	(± 1.0%)
No	83.4	(± 1.0)

Do you currently have a piece of clothing, or other item that has a tobacco brand or logo on it? n = 11644

Yes	9.1%	(± 0.7%)
No	90.9	(± 0.7)

During the past year, have you received a free sample or coupon for a free sample of cigarettes or other tobacco products? n = 11575

Yes	14.6%	(± 0.9%)
No	85.4	(± 0.9)

During the past year have you been somewhere, such as concert or special event, where tobacco companies were having a promotion - for example, giving away free samples or having a special give-away? n = 11633

Yes	8.6%	(± 0.7%)
No	91.4	(± 0.7)

Tobacco companies should have the same rights to advertise their products as other companies. n = 11078

Strongly agree	20.6%	(± 1.0%)
Somewhat agree	28.9	(± 1.1)
Somewhat disagree	13.4	(± 0.9)
Strongly disagree	37.1	(± 1.2)

Among people with children ages 12 to 17:

Have you told your child specifically that you do not want him or her to use tobacco? n = 2121

Yes	93.0%	(± 1.4%)
No	7.0	(± 1.4)

*Estimates based on sample sizes less than 50 were omitted.